

**FEDERATION OF
RETIRED MEMBERS' ASSOCIATIONS**

**HELP, INFORMATION, FRIENDSHIP
AND REPRESENTATION**



Why you should continue in the NASUWT as a Retired Member and take part in the activities of your local Retired Members' Association.

NASUWT services for retired members

All NASUWT members on retiring from teaching have continuing access to the following benefits irrespective of their age and circumstances of leaving the profession. These apply whether or not they pay a Retired Member's subscription:

- entitlement to NASUWT legal and professional representation and advice in relation to any matter arising from former teaching employment when the individual concerned was in subscription-paying membership of the Union;
- entitlement to apply for benevolence assistance in the unfortunate event of the former member and/or their financial dependants experiencing hardship.

Joining a Retired Members' Association

Many retirees choose to pay a small subscription to continue in membership of the NASUWT as a Retired Member. This involves informing the NASUWT Membership Department of their change of status, following which they will be sent a letter of invitation to join their local Retired Members' Association (RMA) and their subscription will be collected by direct debit, as before. There are now 34 RMAs in the UK, with others likely to form.

There are fewer than 100 retired members who are not served by a local RMA. Such members will be added to the list of centrally attached members and will receive information regularly from the Federation of Retired Members' Associations (FRMA).

Phased retirement

Members who take phased retirement, or members who continue teaching after taking their pension, should continue as full members of the NASUWT, which may involve reducing their membership subscription to a part-time full membership subscription, as appropriate. This involves informing the NASUWT Membership Department of their change in status. Retired membership does not confer eligibility for NASUWT assistance in respect of any issues arising from continuing employment.

We offer:

- information, help and friendship to retired members;
- social events organised by your local RMA;
- continued contact with, and support for, the NASUWT;
- the opportunity to help plan your RMA's activities;
- contact with other organisations working on behalf of the retired, including representation at National Pensioners' Convention meetings;
- publications you receive:
 - **FORMAT** – the FRMA national magazine which is distributed three times per year to all retired members;
 - communication and information about social events, the AGM and other meetings from your local RMA.

Useful contact details:

The NASUWT website includes contact details for local RMA secretaries:
www.nasuwt.org.uk

FRMA Secretary:

Deanna Selby, 1 Lea Road, Heaton Moor, Stockport, Cheshire SK4 4JT
Tel: 0161 442 6989; e-mail: d.selby792@btinternet.com

FRMA Development Officer (Membership):

Tom Fraser, The Crest, Higgs Lane, Cartmel, Cumbria LA11 6HD
Tel: 01539 536324; e-mail: frasertom2@supanet.com

NASUWT Cymru:

Tel: 029 2054 6080; e-mail: rc-wales-cymru@mail.nasuwt.org.uk

NASUWT retired members in Wales can get support, advice and information by contacting the NASUWT Cymru National Centre. The Centre is open from 8.30am to 5.30pm Monday to Friday.

Teachers' Pensions:

11b Lingfield Point, Darlington DL1 1AX. Tel: 0345 606 6166

E-mail: tpmail@teacherspensions.co.uk

Website: www.teacherspensions.co.uk

To join contact: 03330 145550





I ymuno a'r cynllun, ffoniwch: 03330 145550

Rydym yn cynnig:

- gwybodaeth, cymorth a chyfeillgarwch i aelodau sydd wedi ymdeol; digwyddiadau cymdeithasol a drefnir gan eich Cymdeithas Aelodau Ymdeoledig leol;
- cysylltiad parhaus gydag NASUWT, a chefnogaeth i NASUWT;
- cyffe i helpu i gynllunio gweithgareddau eich Cymdeithas Aelodau Ymdeoledig; cysylltiad gyda sefydliadau eraill sy'n gweithio ar ran pobl wedi ymdeol, gan gynnwys cynrychiolaeth yng nghyfarfoddydd y Confensiwn Pensiynwyr Cenedlaethol;
- y cyhoeddiadau y byddwch yn eu derbyn:
- **FORMAT** – cylchgrawn cenedlaethol Federasiwn y Cymdeithasau Aelodau Ymdeoledig a ddosberthir dair gwaith y flwyddyn i'r holl aelodau ymdeoledig;
- gohebiaeth a gwybodaeth am ddiwyddiadau cymdeithasol, y cyfarfod cyffredinol blynyddol a chyfarfoddydd eraill gan eich Cymdeithas Aelodau Ymdeoledig leol.

Manylion cysylltu defnyddiol:

Mae gwefan NASUWT yn cynnwys manylion cysylltu ysgrifenyddion Cymdeithasau Aelodau Ymdeoledig lleol: www.nasuwf.org.uk

Ysgrifenydd Federasiwn y Cymdeithasau Aelodau Ymdeoledig:

Deanna Selby, 1 Lea Road, Heaton Moor, Stockport, Swydd Gaer SK4 4JT
Ffôn: 0161 442 6989; e-bost: d.selby792@btinternet.com

Swyddog Datblygu (Aelodaeth) Federasiwn y Cymdeithasau Aelodau Ymdeoledig:

Tom Fraser, The Crest, Haggs Lane, Cartmel, Cumbria LA11 6HD
Ffôn: 01539 536324; e-bost: fraserptom2@supanet.com

NASUWT Cymru:

Ffôn: 029 2054 6080; e-bost: rc-wales-cymru@mail.nasuwf.org.uk

Gall aelodau ymdeoledig NASUWT yng Nghymru gael cefnogaeth, cynngor a gwybodaeth drwy gysylltu â Chanolfan Genedlaethol NASUWT Cymru. Mae'r Canolfan yn agored rhwng 8:30am a 5:30pm, Dydd Llun i Ddydd Gwener.

Pensiynau Athrawon:

11b Lingfield Point, Darlington DL1 1AX. Ffôn: 0345 606 6166

E-bost: tpmail@teacherspensions.co.uk

Dyma'r rhesymau pam y dylech barhau i fod yn aelod o NASUWT a hynny fel aelod sydd wedi ymdeol a pham y dylech gymryd rhan yng ngweithgareddau eich Cymdeithas Aelodau Ymdeoleddig leol.

Cwasanaethau NASUWT i aelodau sydd wedi ymdeol

Mae pob aelod o NASUWT sydd wedi ymdeol o'r gwaith addysgu'n dal i gael y manteision isod, beth bynnag fo'u hoedran ac amgylchiadau eu hymadawiad a'r profesiwn. Mae'r rhain yn weithredol p'un a ydynt yn talu tanysgriafad fel Aelod Ymdeoleddig ai peidio:

- yr hawl i gael cynngor a chynrychiolaeth gyfreithiol a phroffesiynol gan NASUWT mewn perthynas ag unrhyw fater sy'n codi o waith addysgu yn y gorffennol pan oedd yr unigolyn dan sylw'n aelod o'r Undeb ac wedi talu tanysgriafad;
- yr hawl i wneud cais am gymorth lles os bydd y cyn-aelod, a/neu'r rheiny sy'n dibynnu arno/arni yn ariannol, yn ddigon antffodus i ddiodeff caled!

Ymuno a Chymdeithas Aelodau Ymdeoleddig

Mae nifer o'r aelodau sydd wedi ymdeol yn dewis talu tanysgriafad bychan i barhau'n aelod o NASUWT fel aelod ymdeoleddig. Mae hyn yn cynnwys rhoi gwybod i Adran Aelodaeth NASUWT ynglyn â'r newid yn eu statws, ac yn dilyn hynny byddent yn derbyn llythyr yn eu gwahodd i ymuno â'u Cymdeithas Aelodau Ymdeoleddig leol a byddent yn talu eu tanysgriafad drwy ddebyd uniongyrchol fel o'r blaen. Mae 34 o Cymdeithasau Aelodau Ymdeoleddig yn y DU erbyn hyn, ac mae'n debyg y bydd rhai eraill yn ffurfio maes o law.

Mae llai na 100 o aelodau ymdeoleddig nad ydynt wedi eu gwasanaethu gan Cymdeithas Aelodau Ymdeoleddig leol. Bydd yr aelodau yma'n cael eu rhoi ar y rhestr o'r aelodau sy'n cael eu gwasanaethu'n ganolog a byddent yn derbyn gwybodadaeth yn rheolaidd gan Ffederasiwn y Cymdeithasau Aelodau Ymdeoleddig.

Ymdeol iad graddol

Dylai aelodau sy'n dewis ymdeol yn raddol, neu aelodau sy'n parhau i addysgu ar ôl cymyrd eu pensïwn, barhau i fod yn aelodau llawn o NASUWT, a gallai hynny gynnwys gostwng eu tanysgriafad aelodaeth i danysgriafad aelodaeth llawn i athrawon rhan amser, fel y do'n bridodol. I wneud hyn rhaid rhoi gwybod i Adran Aelodaeth NASUWT ynglyn â'r newid yn eu statws. Nid yw aelodaeth i athrawon ymdeoleddig yn golygu eu bod yn gymwys i dderbyn cymorth gan NASUWT mewn perthynas ag unrhyw faterion sy'n codi o barhau i addysgu.



**FFEDRASIWY Y CYMDEITHASAU
AELODAU YMDEOLEDIG
CYMORTH, GWYBODAETH,
CYFELLGARWCH A
CHYNYRCHIOIAETH**