

**FEDERATION OF  
RETIRED MEMBERS' ASSOCIATIONS**

**HELP, INFORMATION, FRIENDSHIP  
AND REPRESENTATION**



## **Why you should continue in the NASUWT as a Retired Member and take part in the activities of your local Retired Members' Association.**

### **NASUWT services for retired members**

All NASUWT members on retiring from teaching have continuing access to the following benefits irrespective of their age and circumstances of leaving the profession. These apply whether or not they pay a Retired Member's subscription:

- entitlement to NASUWT legal and professional representation and advice in relation to any matter arising from former teaching employment when the individual concerned was in subscription-paying membership of the Union;
- entitlement to apply for benevolence assistance in the unfortunate event of the former member and/or their financial dependants experiencing hardship.

### **Joining a Retired Members' Association**

Many retirees choose to pay a small subscription to continue in membership of the NASUWT as a Retired Member. This involves informing the NASUWT Membership Department of their change of status, following which they will be sent a letter of invitation to join their local Retired Members' Association (RMA) and their subscription will be collected by direct debit, as before. There are now 34 RMAs in the UK, with others likely to form.

There are fewer than 100 retired members who are not served by a local RMA. Such members will be added to the list of centrally attached members and will receive information regularly from the Federation of Retired Members' Associations (FRMA).

### **Phased retirement**

Members who take phased retirement, or members who continue teaching after taking their pension, should continue as full members of the NASUWT, which may involve reducing their membership subscription to a part-time full membership subscription, as appropriate. This involves informing the NASUWT Membership Department of their change in status. Retired membership does not confer eligibility for NASUWT assistance in respect of any issues arising from continuing employment.

## **We offer:**

- information, help and friendship to retired members;
- social events organised by your local RMA;
- continued contact with, and support for, the NASUWT;
- the opportunity to help plan your RMA's activities;
- contact with other organisations working on behalf of the retired, including representation at National Pensioners' Convention meetings;
- publications you receive:
  - **FORMAT** – the FRMA national magazine which is distributed three times per year to all retired members;
  - communication and information about social events, the AGM and other meetings from your local RMA.

## **Useful contact details:**

The NASUWT website includes contact details for local RMA secretaries:  
[www.nasuwt.org.uk](http://www.nasuwt.org.uk)

### **NASUWT Cymru:**

E-mail: [rc-wales-cymru@mail.nasuwt.org.uk](mailto:rc-wales-cymru@mail.nasuwt.org.uk)

NASUWT retired members in Wales can get support, advice and information by contacting the NASUWT Cymru National Centre. The Centre is open from 8.30am to 5.30pm Monday to Friday.

### **Teachers' Pensions:**

11b Lingfield Point, Darlington DL1 1AX. Tel: 0345 606 6166

Website: [www.teacherspensions.co.uk](http://www.teacherspensions.co.uk)

To join, e-mail: [rc-wales-cymru@mail.nasuwt.org.uk](mailto:rc-wales-cymru@mail.nasuwt.org.uk)



**FFEDERASIWN Y CYMDEITHASAU  
AELODAU YMDDEOLEDIG  
CYMORTH, GWYBODAETH,  
CYFEILLGARWCH A  
CHYNRYCHIOLAETH**



**NASUWT**  
Undeb yr Athrawon



**CYMRU**  
The Teachers' Union

**Dyma'r rhesymau pam y dylech barhau i fod yn aelod o NASUWT a hynny fel aelod sydd wedi ymddeol a pham y dylech gymryd rhan yng ngweithgareddau eich Cymdeithas Aelodau Ymddeoledig leol.**

### **Gwasanaethau NASUWT i aelodau sydd wedi ymddeol**

Mae pob aelod o NASUWT sydd wedi ymddeol o'r gwaith addysgu'n dal i gael y manteision isod, beth bynnag fo'u hoedran ac amgylchiadau eu hymadawiad â'r proffesiwn. Mae'r rhain yn weithredol p'un a ydynt yn talu tanysgrifiad fel Aelod Ymddeoledig ai peidio:

- yr hawl i gael cyngor a chynrychiolaeth gyfreithiol a phroffesiynol gan NASUWT mewn perthynas ag unrhyw fater sy'n codi o waith addysgu yn y gorffennol pan oedd yr unigolyn dan sylw'n aelod o'r Undeb ac wedi talu tanysgrifiad;
- yr hawl i wneud cais am gymorth lles os bydd y cyn-aelod, a/neu'r rheiny sy'n dibynnu arno/arni yn ariannol, yn ddigon anffodus i ddioddef caledi.

### **Ymuno â Chymdeithas Aelodau Ymddeoledig**

Mae nifer o'r aelodau sydd wedi ymddeol yn dewis talu tanysgrifiad bychan i barhau'n aelod o NASUWT fel aelod ymddeoledig. Mae hyn yn cynnwys rhoi gwybod i Adran Aelodaeth NASUWT ynglŷn â'r newid yn eu statws, ac yn dilyn hynny byddent yn derbyn llythyr yn eu gwahodd i ymuno â'u Cymdeithas Aelodau Ymddeoledig leol a byddent yn talu eu tanysgrifiad drwy ddebyd uniongyrchol fel o'r blaen. Mae 34 o Gymdeithasau Aelodau Ymddeoledig yn y DU erbyn hyn, ac mae'n debyg y bydd rhai eraill yn ffurfio maes o law.

Mae llai na 100 o aelodau ymddeoledig nad ydynt wedi eu gwasanaethu gan Gymdeithas Aelodau Ymddeoledig leol. Bydd yr aelodau yma'n cael eu rhoi ar y rhestr o'r aelodau sy'n cael eu gwasanaethu'n ganolog a byddent yn derbyn gwybodaeth yn rheolaidd gan Ffederasiwn y Cymdeithasau Aelodau Ymddeoledig.

### **Ymddeoliad graddol**

Dylai aelodau sy'n dewis ymddeol yn raddol, neu aelodau sy'n parhau i addysgu ar ôl cymryd eu pensiwn, barhau i fod yn aelodau llawn o NASUWT, a gallai hynny gynnwys gostwng eu tanysgrifiad aelodaeth i danysgrifiad aelodaeth lawn i athrawon rhan amser, fel y bo'n briodol. I wneud hyn rhaid rhoi gwybod i Adran Aelodaeth NASUWT ynglŷn â'r newid yn eu statws. Nid yw aelodaeth i athrawon ymddeoledig yn golygu eu bod yn gymwys i dderbyn cymorth gan NASUWT mewn perthynas ag unrhyw faterion sy'n codi o barhau i addysgu.

## Rydym yn cynnig:

- gwybodaeth, cymorth a chyfeillgarwch i aelodau sydd wedi ymddeol;
- digwyddiadau cymdeithasol a drefnir gan eich Cymdeithas Aelodau Ymddeoledig leol;
- cysylltiad parhaus gydag NASUWT, a chefnogaeth i NASUWT;
- cyfle i helpu i gynllunio gweithgareddau eich Cymdeithas Aelodau Ymddeoledig;
- cysylltiad gyda sefydliadau eraill sy'n gweithio ar ran pobl wedi ymddeol, gan gynnwys cynrychiolaeth yng nghyfarfodydd y Confensiwn Pensiynwyr Cenedlaethol;
- y cyhoeddiadau y byddwch yn eu derbyn:
  - **FORMAT** – cylchgrawn cenedlaethol Ffederasiwn y Cymdeithasau Aelodau Ymddeoledig a ddsberthir dair gwaith y flwyddyn i'r holl aelodau ymddeoledig;
  - gohebiaeth a gwybodaeth am ddigwyddiadau cymdeithasol, y cyfarfod cyffredinol blynyddol a chyfarfodydd eraill gan eich Cymdeithas Aelodau Ymddeoledig leol.

## Manylion cysylltu defnyddiol:

Mae gwefan NASUWT yn cynnwys manylion cysylltu ysgrifenyddion Cymdeithasau Aelodau Ymddeoledig lleol: [www.nasuwt.org.uk](http://www.nasuwt.org.uk)

## NASUWT Cymru:

E-bost: [rc-wales-cymru@mail.nasuwt.org.uk](mailto:rc-wales-cymru@mail.nasuwt.org.uk)

Gall aelodau ymddeoledig NASUWT yng Nghymru gael cefnogaeth, cyngor a gwybodaeth drwy gysylltu â Chanolfan Genedlaethol NASUWT Cymru. Mae'r Ganolfan yn agored rhwng 8.30am a 5.30pm, Dydd Llun i Ddydd Gwener.

## Pensiynau Athrawon:

11b Lingfield Point, Darlington DL1 1AX. Ffôn: 0345 606 6166

Gwefan: [www.teacherspensions.co.uk](http://www.teacherspensions.co.uk)

I ymuno â'r cynllun, e-bost: [rc-wales-cymru@mail.nasuwt.org.uk](mailto:rc-wales-cymru@mail.nasuwt.org.uk)

