



## **NASUWT School Leaders and Managers Update**

Free continuing professional development (CPD) for school leaders and managers

Have you registered for the NASUWT Leadership Conference on Saturday 7 May 2022 at our conference centre in Birmingham? Click on the link below to register:

## NASUWT | School Leaders' Seminars and Training

Join NASUWT leaders and managers for an update on Ofsted, the Schools White Paper and SEND reform. Workshops will include:

- Wellbeing for school leaders and managers;
- Education Support Peer support for leaders and the Wellbeing Index report;
- EqualiTeach Promoting equality, diversity and inclusion in school;
- Effective time and task management; and
- Advice and tips on the process of applying for leadership posts.

## **NASUWT Update for School Leaders**

## Pay

The NASUWT has joined colleague unions in issuing a statement to the School Teachers' Review Body (STRB), the body which makes recommendations on teachers' pay to the Government. The statement calls for the STRB and the Government to listen to the united voice of the teaching profession and to make the changes necessary to recruit, retain and value teachers and school leaders.

#### NASUWT | Education unions call on the Government to repair damage to teacher and school leader pay

# Forthcoming government policy impacting on school leaders and managers The Schools White Paper

The Government will soon be issuing a Schools White Paper, which will set out its vision for the education system. The NASUWT and colleague unions regularly attend meetings with the Department for Education (DfE) in relation to such legislation and matters affecting the workforce, and we constantly remind them of the importance of taking into account issues including funding, COVID recovery, recruitment and retention, and workload in our representations.

**SEND reform** – Special needs reform has been the subject of a DfE review for over a year. The consultation is due out in March. This will impact on how pupils are supported in mainstream schools and special schools.

## School leader wellbeing

The charity Education Support recently produced its annual report on teacher wellbeing called the **Wellbeing Index Report**. Its findings for school leaders include:

- 66% work over 51 hours a week;
- 84% are stressed;
- 84% have experienced symptoms of poor mental health due to their work;



- 63% have considered leaving the education sector in the last two years; and
- 80% cited volume of workload as the main reason for thinking about leaving their jobs.

The report states that 50% of staff who spoke to someone at work about their mental health problems said it gave them perspective and helped them realise that they are not alone. However, the report further noted that senior leaders preferred to seek support from outside of work. Their recommendations in the report include:

- prioritise a culture of wellbeing and reduce stigma;
- look after your leadership; and
- support your staff.

The charity's support for teachers includes specific support for school leaders, including peer support. You can find out more at:

# https://www.educationsupport.org.uk/resources/for-organisations/articles/sharing-with-your-peers-can-make-you-a-better-leader/

The report can be found at:

## Teacher Wellbeing Index: mental health & wellbeing research (educationsupport.org.uk)

Education Support provides resources for school leaders in Wales:

School leader support in Wales gives much needed boost to mental health and wellbeing (educationsupport.org.uk)

The NASUWT has recently completed a wellbeing survey and wellbeing resources for schools, including the Health and Safety Executive (HSE) and NASUWT Talking Toolkit for Schools.

#### NASUWT | Wellbeing Tools for Teachers

## **Scotland leaders**

Scotland school leaders joined together this month to discuss the incorporation of the United Nations Human Rights Convention on the Rights of the Child into Scottish Law and how this will impact on schools and leaders. Further meetings of this leadership group are planned.

The Leadership Conference will be on Saturday 7 May and you can register on the link below: **NASUWT I School Leaders' Seminars and Training** 



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