

FORMAT

Winter 2024

Issue 82

(The Official Newsletter of the Federation of Retired Members' Associations of NASUWT)
Distributed to thousands of retired members in the UK, Channel Islands and Europe.

Letters to the Editor

Robert Cooke (Lancashire RMA)

Dear Editor

Several editions ago, we were given an article about how the new digital phone system, replacing the old copper wires, would affect the alarm systems worn by vulnerable people. I know that some pensioner groups have expressed serious concern. I can relate to this.

Due to a serious fault on my phone line, it was replaced by the new digital system. My alarm pendant system was formerly sited in the centre of the house where it could be heard from anywhere - and it was quite loud, so I knew that I was connected. With the digital system, the only place the gadgetry could be placed was right at the front of the house – because that is the only place that can pick up a signal from outside! Also, the sound is not as loud and cannot be heard from the back of the house. I have already had one instance when I (unknowingly) pressed my alarm (which fortunately connects within 50 metres inside), but I could not hear the response from the call centre. In order to establish whether I needed help or not, they had to ring me on my usual phone! If they could not then get a response, they would send a responder round, but under the old system that need could have been established immediately because I would have been aware as soon as I had mistakenly pressed the alarm and heard it ring. Progress, friends?

Thank you, Robert. Be reassured, you are not alone in this. We too had to have a new digital system installed when the phone line became faulty. This meant that our house alarm system was no longer compatible with the new telephone system, resulting in us purchasing a new alarm setup which, apart from the expense, took a long time to get used to. For example, the tags for cancelling the alarm are so tiny that they are difficult to hold when swiping across the key pad and the buttons are confusing.

Our vacuum cleaner decided to throw all its collected dust out into the stairwell. This activated the fire alarm at the top of the stairs. We received a call from the alarm company and all was well. However, a few days later, our wood stove poured smoke into the room. There came no phone call. Eventually, the alarm stopped. Whilst settled into our chairs, we heard a fumbling in the porch and someone trying to open the front door. It was our trusty neighbour/key holder, followed by three firefighters; their fire engine being parked outside. They thought we were out.

The alarm company received an irate phone call from us and has profusely apologised.

Hopefully things have settled down now.

I received this letter on 27 January 2024 from retired member Nicholas Tinker.

"I am a retired member and retired from teaching in 2009 after spending 40 years working full time in secondary schools.

I cannot understand the issue to do with NI payments. If the minimum number of years someone needs to work to qualify for the state pension is 30, why was I paying into the scheme for 40 years and see no extra benefit for the extra ten years? Added to that, my pension is reduced for the time when the contracting out phase was in force but not increased due to my payment of the 'extra' ten years.

If you have any thoughts on this matter or can let me know any helpful information, I would very much appreciate it."

After reading the TUC report, I was aware that I was part of these statistics receiving a reduced state pension as a mother of three (now adult) children.

I thought other RMA members may find it informative, too.

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My extract from the TUC report on the gender pension gap

Women in the UK have to get by in retirement on significantly lower incomes than men. Among today's pensioners, women have annual incomes of £7,100 a year – or 40.5% – lower than men according to research by 'Prospect'.

The Organisation for Economic Cooperation and Development say this is 40.5% in 2015, compared to an average of 25.6% across all member countries.

The gender pension gap has only decreased to 39.6% in the last five years.

Women's average hourly pay is currently 14.9%-20% lower than men's. This results in lower pensions being built up based on a percentage of pay, usually based on average or final salaries.

TUC analysis has revealed that these differences persist across all industries, with the largest disparities in percentage terms in manufacturing, wholesale/retail, and other service activities. The gaps are largest in the industries dominated by public sector employment like public administration and defence, health and education.

In education:

Median private pension wealth, men – £248,000

Median private pension wealth, women – £90,200

Gender pension wealth gap – £157,800

Women's pension wealth = 36% of that of men's.

Without significant policy changes, the retirement income gap will persist for future pensioners.

The three main drivers of the gender pension gap:

- The gender pay gap is exacerbated by a workplace pension system that excludes many low earners altogether.
- Different lifetime working patterns that mean women are more likely to take time out of the labour market or work part time, most often because of unpaid caring responsibilities.
- Differing levels of state pension entitlement.

State pensions

Historic differences in state pension entitlements also play a significant role in the income gap among current pensioners. The disparity is greatest for older pensioners, with women born in the 1940s receiving 25% less on average than men, as they are likely to have built up less earnings-related state pension than men and are more likely to have incomplete National Insurance records.

The gap falls to 5% for the most recent retirees, as a result of the move to a flat-rate state pension, which is relatively more generous to those with incomplete working histories. But even with these reforms, state pension incomes are not projected to be equalised for men and women on retirement until 2041.

Policy proposals

Closing this gender pension gap should be an urgent priority for the Government. The TUC has campaigned to raise awareness of the gender pension gap, and to promote policies that would close it. Since 2022, we have marked Gender Pension Gap Day – the point at which the average woman would start receiving their pension if it was paid at the same rate as for an average retired man.

This year's Gender Pension Gap Day is taking place on 29 May – just over 40% of the way through the year.

Tackling this issue will require changes in three main areas:

- Better reporting to understand and highlight the problem.
- Addressing the pay and employment gaps that are the root cause of pension disparities, by improving childcare and social care, extending shared parental leave, and strengthening rights to work flexibly.
- Making the occupational pension system work better for people on low pay so that inequalities in working life are not replicated or magnified in retirement.

FRMA/NASUWT survey on cost of living and communications

Over half of retired NASUWT members are worried about the cost-of-living crisis, according to a survey of our retired members.

Forty-eight per cent of respondents to a Federation of Retired Members' Association (FRMA) survey told us that they were 'slightly worried' about their financial situation, and 5% were 'very worried'. In addition, almost one in five members (19.73%) found it difficult or very difficult to cover the cost of their energy bills, and just over 3% of retired members told us it was hard for them to cover the costs of their mortgage.

Brian Roe, Vice-President of FRMA, said, "These figures should demolish the myth once and for all that teachers are on gold-plated pensions!

"Too many of our members are struggling to cope, needing to use hard-earned savings and even food banks and other aid from charities.

"For many years, teachers' pay has definitely not kept up with inflation and cost-of-living increases. So, pensions based on teacher salaries are also below what is needed.

"Thanks to all the retired members who completed the survey, and also to all the NASUWT staff who provided the technical expertise and helped with the distribution and collection of results."

Over 1,000 members responded to the survey, which is over one in ten FRMA members, which means that the survey is a good representation of our retired membership.

We hope this information will result in major discussions and ideas across NASUWT, including at meetings of Local Associations and RMAs. Please feel free to pass on any comments, thoughts and suggestions about this survey to your FRMA Executive Member or Vice-President, Brian Roe (brianroe20hc@outlook.com).

Results of the survey are now with RMA secretaries and are published on the Retired Members website. Just log on for the complete picture.

A Northern summer – with the Durham and Northumberland RMA

10 September 2023

Article: Ian Jerred (Secretary)

Photographs: Bob Edwardson and Kathy Liddell

Durham and Northumberland have a heritage and landscape more diverse, more beautiful and more interesting than most people realise – although very much shaped by the mining and shipbuilding industries that are now becoming distant memories. It is understandable, therefore, that the Durham and Northumberland RMA has enjoyed a summer of visits very much framed by these industries which are our heritage.

In April, we visited the Durham Mining Museum at Spennymoor. Staffed by volunteers who had a very personal knowledge of work in the coal mines, we learnt of the equipment that the miners used and of the lives that they led – and of the brass bands and the banners proudly processed at the 'Big Meeting' in Durham City, a joyous occasion often overshadowed by tragedy. Whilst death, injury and ill health were synonymous with coal mining – so was self-help, education and art. After our visit to the Museum, we were able to visit and enjoy the adjacent Art Gallery which features works by Norman Cornish, Bob Olley and other prominent 'Pitmen Artists'.

There are few better coastal walks than that we enjoyed in May, when we walked from Bents Cottages to South

Shields via the site of the old Whitburn Colliery. The miners and the inadequate housing in which they lived are now long gone and a scarred mining landscape is now a beautiful nature reserve. Onwards to the National Trust's Souter Lighthouse and Foghorn (the first lighthouse in the British Isles to be lit by electricity) and then on to Marsden Bay with its renowned Rock and 30-metre-high cliffs; home to countless gulls (mainly fulmars and kittiwakes) and other sea birds.

Then onto South Shields, rightly noted for its awardwinning beaches, as well as the fish and chips which we all enjoyed at the conclusion of our exercise.



June took us to a mine of a different kind – the Lead Mines at Nenthead, high in the Pennines. The 'Quaker' ethos of the London Lead Company ensured that workers here usually lived in cottages with gardens and allotments and had access to sickness benefits and welfare, education for children and clean water – but they were still lucky to live to be 50!



The rich mineral resources of the North East had to be carried to their markets – which had its own risks and rewards. The scale was enormous – in 1830, over 11,000 colliers carried more than 2m tons of coal from the Tyne to London. The rewards for the mine and shipping owners were great – the hazards for both miners and seamen were commensurate! On our earlier visit in March to Newcastle Cathedral, we learnt of its role as a light house and point of reference for those navigating the Tyne. More recently, we visited the Tynemouth Volunteer Life Brigade – the oldest institution of its kind in the world. Established in 1864 as a response to horrific loss of life in an incident at the mouth of the Tyne, this was to be the model for the Coastguard Service of

today, which it works alongside but is proudly independent of.

The Watch House Museum has an eclectic collection of figureheads, ships' nameplates and memorabilia – and whilst many reference tragedy and loss, bravery and heroism are a constant. A truly inspiring organisation, one which we felt privileged to visit.

Exploiting the North's rich mineral resources demanded not only grit and determination, it also demanded invention and experimentation. At the Cathedral, we learnt of Charles Parsons who invented 'Turbinia', the first boat to be powered by steam, and to whom a window is dedicated. In September, we are visiting Newcastle's excellent Discovery Museum where the boat itself is on display – although it has much in common with 'Trigger's Brush'! We will also be able to see Stephenson's Steam Engines, Joseph Swann's Light Bulbs and other important inventions of which the North East can be rightly proud.

So, whilst hardship may seem a common theme of our visits this year, hope and heroism, innovation and invention have been there in abundance. Those who have taken part in our visits are proud of their heritage and feel privileged to be able to enjoy it in the way that we have done.

Chilterns RMA – A visit to the Hook Norton Brewery

13 September 2023

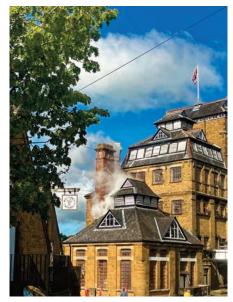
Article: Clare Lawrence, President

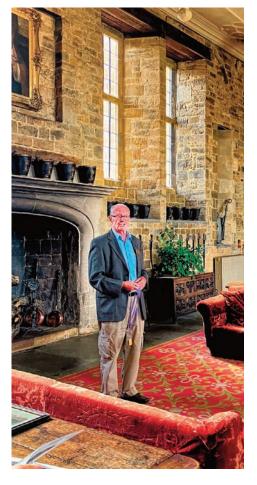
After a considerable delay courtesy of Covid lockdowns, Chilterns RMA member Paul Montague finally secured a visit to the Hook Norton Brewery and Broughton Castle, both near Banbury in Oxfordshire, on 13 September, for members. The addition of some members' partners swelled the numbers and everyone enjoyed the outing immensely.

As Paul is a respected guide of both locations, we were looked after very well and learned a great deal about this unique family-run brewery, as well as the beautiful castle steeped in history. Using the skills of an RMA member in this instance can enhance such excursions, and we are most grateful to Paul, (Monty),

our Secretary Andrew Blagbrough and Treasurer Jesse Lawrence for their contributions to this unforgettable trip. The success of this has spurred on our Chilterns RMA to plan more events for the coming year.







East Anglia RMA

November 2023

Articles and photos: Natasha & David Stephenson

East Anglia RMA is a very active and friendly bunch of people and we are very pleased that several new members joined us in 2023. Our Executive Committee meets regularly and plans the annual programme of visits and activities for all the members and their partners. The aim is to offer a wide variety of different events to appeal to the interests of our retired members.



We have made new and lasting friendships and meet socially, including an annual Garden Party in August, where we all bring delicious food and enjoy being together.

27 June, Visit to Impington Mill

This was a fascinating experience – Pippa and Steve Temple bought their house in Impington in 1999, with the dilapidated Grade 2* windmill in the

neglected garden. Remarkably, it was never their intention to buy and restore a windmill! They have spent a huge amount of time and energy in restoring both the windmill and the garden.







Pippa gave an interesting tour of the beautiful garden while Steve led some intrepid members of the group on a climb up the three floors of the windmill. Health and safety were not quite the same in 1776, when the mill was constructed.

It was a joy to see the commitment of the

couple to such a long-term project – the amount of work needed to restore and maintain a windmill in working condition is quite astonishing, and the next step is for the mill to produce flour for the first time since the 1920s.

A visit to Greene King Brewery, Bury St Edmunds

20 July 2023 Article: East Anglia RMA



Unsurprisingly, this was a popular visit as it included sampling excellent beer!

The one-hour tour of the brewery revealed lots of fresh information; for

example, who knew that Old Speckled Hen, the country's number one premium ale, was named after a paint spattered old MG car that was used in the brewery: 'owld speckled un'? We could see a recreation of the vehicle during the visit. The brewery has reacted to the fashion for craft beer and we could see how this smaller-scale operation works.

The size of the brewery and the distribution buildings are impressive, with a terrific view of the town from the brewery roof.

The brewery is in the middle of Bury St Edmunds and a far cry from the original building used by Benjamin Greene when he founded the company in 1799.

Greene King is a real success story and has become the country's leading pub retailer and brewer, with over 3,100 restaurants and hotels. Despite now being Chineseowned, there are no plans for it to leave its place in the centre of town.



A visit to Kentwell Hall, Long Melford

6 September 2023 Article: Gill Reader (Secretary)

This is another example of extraordinary commitment. Patrick and Judith Phillips bought the neglected house and gardens in 1971 and have worked tirelessly to save the house that they call 'magical', together with the amazing gardens. Judith herself talked to the group and her passion shone through.



The house itself dates from the 1490s and has been continuously occupied since – you can see how different owners have 'modernised' the large building and its maintenance is never-ending – Judith explained how they are now having to redecorate parts of the house that they initially decorated in the 1970s!

The large moat is a stunning feature and required a huge amount of work to restore – work hidden from view under

the water. The most impressive features of the garden are the ancient yew trees that have been clipped to shape and the four giant Cedars of Lebanon.



There have been some interesting recent

developments with a Pied Piper Hedge and a Wellness Walk, including 16 contemplation benches around the garden, complete with Buddhist mantras.

A visit to Chilworth

27 June 2023 Article: Surrey RMA



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A visit to Bourton House Gardens

6 September 2023

Visit Organiser: Steve Keepax

Article: Chris Hills (Avon RMA President)

Photographs: Sal

On Wednesday 6 September, 15 of us visited Bourton House Gardens (which is not far from Bourton on the Water in the Cotswolds). It was a beautiful day, and we began our visit with lunch in the café which is situated in the Grade 1 listed 16th century Tithe Barn.

We met our guide, Head Gardener Jacky, who was very informative and entertaining with the stories she told us.

There were so many interesting plants to see around the garden, along with several water features which are fed by a local spring.





We were told about the unique Shade House which a previous owner had seen on her travels abroad and instructed the gardeners to build one for her! It was quite surprising that all these well-maintained gardens only have three gardeners working on them. If you haven't been to these gardens, I can highly recommend them – particularly at this time of the year. There is also a field walk next to the car park, which we didn't do as it was too warm!







Yorkshire RMA visit Chatsworth at Christmas

December 2023

Article and photographs: Sam Weatherall

It's been a while since I have been to Chatsworth to see its Christmas decorations. Back then, we parked metres from the house, walked through the decorated rooms, and the evening was finished off with a mulled wine and carols by the grand staircase. My, how the Chatsworth business model has progressed. This year, I arrived by car and was directed to a field, in what seemed to be the middle of nowhere, where special flooring had been placed to prevent any wheels getting stuck in the mud. I chose to walk up to the house rather than take the tractor bus. I'd heard there was a Christmas market; however, I had no idea of its size. It would be easier for me to list what you couldn't buy there.



Cooks Carol, Jan and Sam stirring the pudding



Carole, Jan and I met up and waited for the rest of the party (Christine, Malcolm, Christina and David) in front of a roaring fire.

Once everyone had arrived, we posed for the traditional photo next to one of the many large beautiful Christmas trees.

The theme this year was 'Palace of Advent', with 24 rooms to discover – each one 'filled with Christmas wonder and the sights, sounds and scents of the season'.

There was Santa's workshop – with two moving trains (choo choo!) and a Victorian zoetrope – which I spun the wrong way round, seeing an elf walk backwards. This year's dining room was decadently decorated with coloured glass, beautiful lollipop tree table

decorations and quite modern chairs that looked good (but weren't the most comfortable). We saw candy cane archways, mince pie trees, snowmen pinching each other's noses, the special wish trees and much more. What stole the show for me was Santa's little helpers throughout the rooms – a little silhouetted animation of an enthusiastic elf; or was he making mischief? Despite his positive energy and second-to-non work ethic, he appeared to be somewhat accident prone. After finishing the tour through the shop, we were all very ready for something to eat, so we headed to the café. Again, the Chatsworth business model appeared to deal with the high numbers of customers with ease.

The queue moved quickly and we were soon tucking into our chosen dishes.

A quick revisit to the market to pick up a few more presents and then we headed back to our cars. I couldn't resist a ride on the tractor bus, which was like a fairground ride. I really enjoyed the Christmas at Chatsworth experience. Thank you to the people who organised it. Thank you, Christine, Malcolm, Jan and Carole for the company. It was lovely to meet Christina and David briefly, too. I very much look forward to the next outing.



Birmingham RMA Christmas Lunch

12 December 2023

Organiser and article: Graham Smith, Photographs: Rose Burrows

On Wednesday 13 December, 26 members and partners gathered at the Kings Court Hotel for our annual Christmas lunch. The hotel is situated on the A435 at Kings Coughton, about a mile south of the National Trust property, Coughton Court, and about 20 minutes from Junction 3 of the M42.

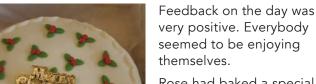
This was a new venue for us, discovered on a shopping expedition to Alcester, just a mile further down the road from the hotel. The sign outside the hotel offering Festive Celebrations led to an internet search and then a visit to the hotel. This was after an extensive search by Committee members for a Birmingham venue, offering us our own room and a three-course meal at a reasonable price. Our searches were in vain and time was pressing. £300 for the room?! I don't think so!

My visit to the hotel in late October proved fruitful. Not only was there availability on the date required, but they were able to offer us a room for 30 people at no extra charge. Pictures of the room were taken to send to the Committee and very soon I had the go-ahead to make the booking.

The hotel did us proud. I arrived early on the day to check all was in order. I need not have worried. As agreed, four large round tables (our Secretary, Peter, insists on this!) were suitably laid - with crackers and poppers provided. It all looked very festive, as did the rest of the hotel. Some met in the bar whilst others chose their seats. The hotel had organised table labels with our menu choices and this proved useful for serving each course. They were also very efficient in checking with those who had special dietary needs. All the members of staff at the hotel were very friendly and accommodating.

No sooner had we sat down at 12.30pm, our first course arrived. The menu gave a good choice of four different dishes for each course. The food was presented well and was delicious. The service was also very efficient, with timely interludes between each course. While the full price was £28.95, members paid just £20.00 - which I think is pretty good for a three-course meal at Christmas.

We were also served with tea/coffee and chocolates afterwards. What I did not expect was mini mince pies, too, which had not been mentioned on the original menu. Very nice, if you like mince pies as much as I do!



very positive. Everybody

Rose had baked a special Christmas cake which was raffled to raise money for Birmingham Children's Hospital. The winning ticket was 100 and the winner was Trevor Webb. We raised £36.00.

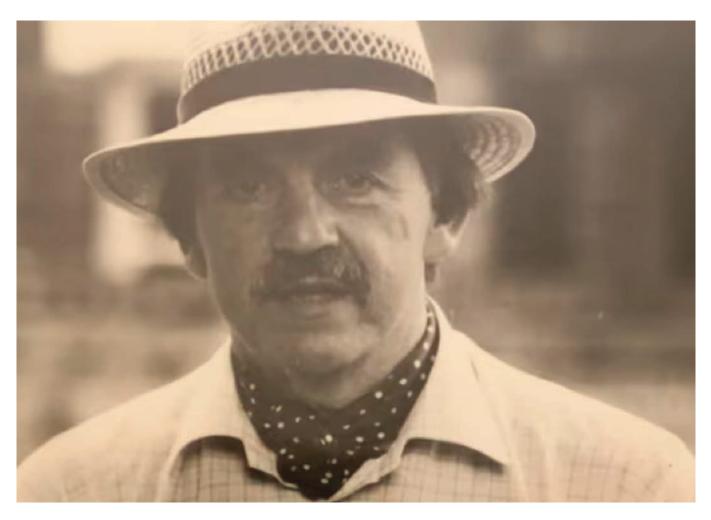
I do not think we could have asked for a nicer venue for our Christmas lunch event. It may be that we will return next year. Clearly, good venues are hard to find!











Obituaries:

3 December 2023 Article: Shropshire RMA By Rob Ford, once a pupil of our former colleague

Leslie Jones MA (Oxon) 1933-2023

My friend and mentor, Les Jones, who has died aged 90, was an economics teacher at schools in Oxfordshire and Shropshire, but he also had a side existence as an organic farmer during the 1980s and 90s.

In 1982, Les bought a 25-acre smallholding, The Hollows, in the Stiperstones in Shropshire, where – while still teaching – he raised sheep, goats, geese and chickens and grew organic courgettes, beans and potatoes. He was also involved in setting up Bishops Castle and South Shropshire Credit Union.

Although he loved working on the land, the smallholding sucked up a lot of Les's money, and in 1996 he sold it to facilitate a move to the village of Cwmbelan in mid-Wales, where he looked after a smaller plot and an allotment while also teaching part time at Coleg Harlech.

Les was born in Coedpoeth in North Wales, the youngest of the four children of Theresa, a housewife, and Llewellyn, a coalminer. After attending Grove Park County school for boys in Wrexham, he went to work as an engineering apprentice at Bersham Ironworks, where he developed the socialist beliefs that remained with him for the rest of his life. After studying locally with the Workers' Education Association, he was offered a place at Ruskin College in Oxford, where he took a course in economics and politics.

In 1964, Les won a scholarship to study politics, philosophy and economics at Magdalen College, Oxford University, where he was taught by the historian AJP Taylor. Shortly after graduating in 1968, he began his career as an economics teacher, working over the years at three Oxfordshire schools – Chipping Norton School, Bicester School, and John Mason School in Abingdon – as well as at Holsworthy School in Devon and Madeley Academy School in Shropshire, where he taught me. He took early retirement in 1987, after which he worked part time at Ludlow Sixth Form College until 1993.

He had his paintings exhibited in local galleries, remained a stalwart of the Labour party, and also became a Quaker.

Yorkshire RMA have been mourning the loss of three extremely valued members over the last year. Our thoughts are with them.

Article: Christine Brown

Marje Burkinshaw was presented with gifts by Roy Thomas on her retirement from the Yorkshire RMA Committee.

Marje was Minute Secretary and had organised and produced the Yorkshire RMA newsletter for 18 years. She was also involved with the setting up of FORMAT and was on the editorial board for many years. She was 88.



Su Shiel died suddenly in December 2023, aged 71. Su had been a member of the Yorkshire RMA Committee for many years and took on the role of Membership Secretary. She also organised the Christmas lunch at The Bridge Hotel and Spa, Walshford (pictured), for many years.



Roy Thomas had been Honorary Secretary of Yorkshire RMA for many years, and retired at about the same time as Marje. He died earlier this year, having suffered with dementia.

Editor:

Whilst rereading my emails, I came across this article in the July 2023 newsletter from Yorkshire RMA. I thought it might be of interest:

Triffid

An office plant has grown at such a rapid rate over the last 14 years that it is now an 'absolutely massive' 600-foot monster. Allie Brennan and her husband Des bought the ivy in 2009, hoping the greenery would brighten up their packaging company's workplace in Stonehouse, Gloucestershire.

The plant has clearly taken its role very seriously, and has somewhat overperformed. It now goes around the 50-foot-long by 25-foot-wide open-plan office several times and then criss-crosses along the ceiling. It grows at an impressive rate of six inches per month, sprouting new shoots which need pinning up every day. "We try to keep it off the desks so it doesn't get in the way, but it hangs down and is joined onto the monitors. It's a big talking point when customers come in as well. People ask if it's real, but I'm not sure where we'd get a fake one this size."



A reminder from Les Kennedy, President:

Dear Members,

We are concerned that some of you are not receiving important information from NASUWT, including your copy of FORMAT.

Please check your details with the Hillscourt Office at Rednal as soon as possible. You need to be up to date

with current and future information and developments for retired teachers and, of course,

you will have the opportunity for your say.

Have you retired and are you still using a school

Have you moved since you have retired? We need your new address.

Have you changed your email in the last couple of years? Let us know what it is.

Have you ever given us your email address?

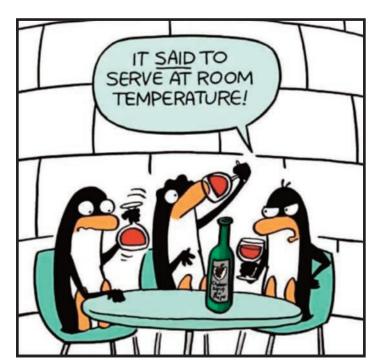
There are thousands of members not on the email list.

We can promise that members won't be bombarded with emails.

You can contact the office on:

NASUWT, Rose Hill, Rednal, Birmingham B45 8RS

Tel: 0121 453 6150 – Membership Email: nasuwt@mail.nasuwt.org.uk.



Poet's corner:

They say that teaching is a noble profession,

And indeed, it's one that demands dedication,

With long hours spent pouring over lesson plans,

And endless patience with each new generation.

For many years, you've stood before the chalkboard,

Guiding students through the mysteries of math,

Instilling in them knowledge, discipline, and hope,

That they might someday blaze an even brighter path.

You've witnessed countless crises in the classroom,

From spilled milk to broken hearts and bruised egos,

And time and time again you've gently coaxed them back,

And watched them blossom like a garden full of roses.

You've seen the fads and fashions come and go,

But through it all, you've remained a rock of stability, a constant source of inspiration and wisdom,

And a voice of reason in a world of pure chaos and civility.

As you look back on all those years of service,

You realize you've given your all to your students,

And now, as they prepare to take flight,

You too are ready to embark on your own grand adventure.

So, here's to you, dear teacher, in your retirement,

May you revel in the peace and tranquillity of each new day,

And may the memories of all those joyful moments,

Remind you that you've made a lasting difference in every student's life you touched along the way.

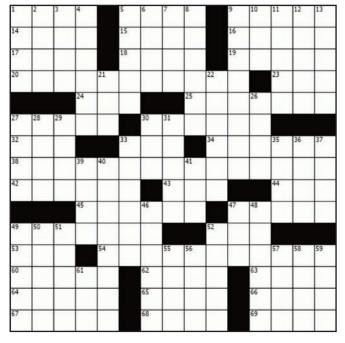


Breaktime: Crossword 82

ACROSS

- 1. Title used on 'Anna and the King'
- 5. "I'm ___ Girl Now"
- 9. Apollo portrayer on 'Battlestar Galactica'
- 14. 'American ___'
- 15. Wear for Indira Gandhi
- 16. Hello from Don Ho
- 17. 'The Seventh ____' (Bergman film)
- 18. Outcropping
- 19. '60s Yankee pitcher Pedro ____
- 20. Kevin's sister on 'The Wonder Years'
- 23. Psychic attribute, supposedly
- 24. Ice-T's music
- 25. '___ Great Adventure'
- 27. Complies with
- 30. Lucy on 'Shannon's Dea'
- 32. Bird's beak
- 33. Certain boxing win
- 34. Rudy portrayer on 'The Cosby Show'

- 38. Adam's sister on 'Bewitched'
- 42. Forceful removal
- 43. 'Seven Days In ____'
- 44. Perform on a TV show
- 45. Store-owning family on 'Little House on the Prairie'
- 47. Indian metropolis
- 49. "Mommy ____"
- 52. Ponch's partner on 'CHiPS'
- 53. "This ___ House"
- 54. J.J.'s sister on 'Good Times'
- 60. 'Free '
- 62. Blackwood of 'Street Justice'
- 63. 'The Man in the ___ Mask'
- 64. Prepare, as tea
- 65. 'The Show'
- 66. 'The Time Machine' race
- 67. "___, Indiana"
- 68. 'Planet of the ____
- 69. "Please ___ Eat the Daisies"



DOWN

- 1. David or Sunny's last name on 'A Year in the Life'
- 2. Inventor's start
- 3. Fireball sound
- 4. First name in mysteries
- 5. Songwriter's grp.
- 6. Roseanne, once
- 7. Persian Gulf land
- 8. 'American ____' (1980)
- 9. Robert Blake's role on 'Hell Town'
- 10. Chicken ___ king
- 11. Star of 'Untamed Heart'
- 12. Ordered from the menu
- 13. Door fasteners

- 21. 'Emerald Point___'
- 22. Kathleen of 'Check it Out'
- 26. Frame for panes
- 27. "___ victory!"
- 28. Actor Bridges
- 29. Fades away
- 30. "___ Cassius Clay"
- 31. Kramer's first name on 'Seinfeld'
- 33. Beat, as grain
- 35. Get well
- 36. Move gradually
- 37. Vino region
- 39. "Ripley's Believe ___ Not!"
- 40. Old communication device

- 41. 'Baywatch' complexion
- 46. Barbara Eden on 'Harper Valley P.T.A.'
- 47. "Meet John ____
- 48. Was jealous
- 49. Divine for water
- 50. On the A list
- 51. Freud contemporary Alfred
- 52. '___ Earl Jones'
- 55. 'Quantum ___'
- 56. Buddy, in Leeds
- 57. Guthrie of folk music
- 58. 'High ___'
- 59. Sour mood
- 61. Hawaii neckwea

Dear Members,

We are concerned that some of you are not receiving important information from NASUWT, including your copy of FORMAT.

Please check your details with the Membership Team at Headquarters as soon as possible. You need to be up to date with current and future information and developments for retired teachers, and you will have the opportunity for your say.

- 1. Have you retired and are you still using a school email?
- 2. Have you moved since you have retired? We need your new address.
- 3. Have you changed your email in the last couple of years? Let us know what it is.
- 4. Have you ever given us your email address? There are 4,000 members not on the email list.

We can promise that members will not be bombarded with emails.

You can contact the office: NASUWT, Rose Hill, Rednal, Birmingham B45 8RS. Tel: 0121 453 6150 – Membership Email: nasuwt@mail.nasuwt.org.uk.

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