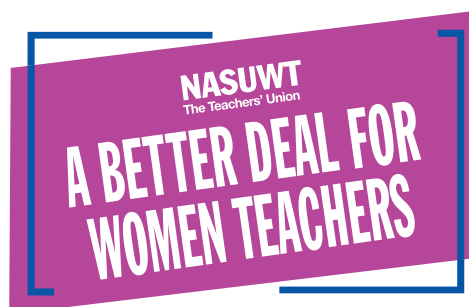


# NASUWT

The Teachers' Union



## WOMEN TEACHERS' CONSULTATION CONFERENCE



Saturday 14 October 2023  
Virtual Event

#WTCC23

10.00am Welcome (Chair) and General Secretary's address, plus Q&A

10.50am Break

11.00am **WORKSHOP SESSION ONE**

1. How can bladder health impact you at work?:  
Demystifying the types of causes of bladder issues and ways to improve bladder health
2. Pensions and women teachers
3. Gender action - Tackling gender stereotyping and sexism in your school, using a whole-school approach
4. Flexible working – your rights, your wellbeing

11.50am Break

12.00pm **GUEST SPEAKER – TACKLING SEXUAL HARASSMENT AT WORK AND IN THE UNION**

*Deeba Syed, Rights of Women*

12.30pm **WORKSHOP SESSION TWO**

1. How can bladder health impact you at work?:  
Demystifying the types of causes of bladder issues and ways to improve bladder health
2. Pensions and women teachers
3. Gender action - Tackling gender stereotyping and sexism in your school, using a whole-school approach

1.25pm Lunch

2.00pm **ACTIVE WOMEN – PANEL SESSION AND DISCUSSION**

The results of the pre-conference survey on women's participation in the Union will be shared in this session. Participants will then hear from four women activists who will share their own stories, experiences and advice.

2.50pm Break

3.00pm **WHY WE'RE ALL 'SCREWED UP', BUT IT'S OK**

In this session, Dawn will help you understand how we're all 'screwed up' and how childhood circumstances can lead to adult problems. This will be a practical talk which that will help you understand yourself and the students you look after better – and include techniques that will help you and your students deal with anxiety.  
*Dawn Walton, MSc.Psych, DipCHyp, MNLP, MBPsS*

3.45pm **CONFERENCE PLENARY**